


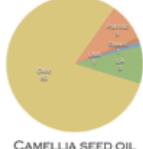

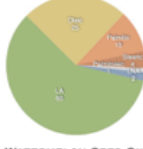

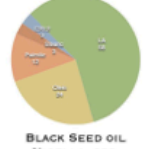

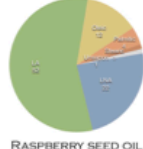

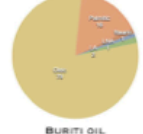
Facial oils for Summer

Workshop 3

Facial Oil Blend #2, to calm over active oil glands and for very hot weather

Dry oils are oils with tannins as part of their healing fraction. The benefit of these oils is their dry feel on the skin and their ability to stimulate the skin's surface and giving the tissues some photo-protection.

Summer Formula #2

	Combination #2	Contributes	images	%	
30 ml	Camellia	monounsaturated, Oleic acid A dry oil absorbs well and able to calm over active oil glands, antimicrobial, photo protective		50%	 CAMELLIA SEED OIL
1 TBS 15 ML	Watermelon	Introduces EFA, linoleic acid carotenes and plant sterols small carotenoid content		24%	 WATERMELON SEED OIL
2 tsp 10 ml	Nigella, Black seed	Omega 6 fatty acid, unusual omega-3, a spicy scented oil, with plant sterols, tocopherols and squalene		16%	 BLACK SEED OIL NIGELLA, SPP.
1 tsp 5 ML	Raspberry	Two EFA, linoleic acid, and a- linolenic acid, Photo-protective, anti- inflammatory		8%	 RASPBERRY SEED OIL
1/4 tsp	Buriti	Red-orange with carotenoids antioxidant, able to protect skin tissues from cell damage		2%	 BURITI OIL

A few more Dry oils are: camellia, hazelnut, grapeseed, rose hip seed, watermelon, pomegranate , kiwi seed

Measurements - equivalency between standard measure

This chart will give you some basic equivalent measurements to get you started; ounces, milliliters, and the kitchen utensils you can use to make up any small trial combination.

2 Oz	1/4 cup	4 Tbs	50 ml		
1 Oz	1/8 cup	2 Tbs	30 ml	6 tsp	(coffee measure)
1/2 Oz		1 Tbs	15 ml	3 tsp	
			10 ml	2 tsp	
			5 ml	1 tsp	100 drops
			2 1/2 ml	1/2 tsp	50 drops
			1 1/4 ml	1/4 tsp	25 drops