

Carrier Oils

Monounsaturated dominant oils

Protecting your carrier oils is an essential part of stocking your raw materials.

Oxygen, both giver of life and a destroyer, will impact living materials over time, eventually degrading them. The structural nature of oil's fatty acids determines their oxidative stability thus, their shelf life. There are three major groups of oils, monounsaturated, polyunsaturated, and solid butters.

Oleic acid is monounsaturated and has the longest shelf life of liquid oils.

These are the work horses of your carrier oil pantry and very general groupings.

Strong color

Açaí	60%
Avocado	70%
Maqui berry	39%
Pequi seed oil	50%
Guava seed oil	75%

Nourishing base oils

Argan	45%
Baobab	35%
Mangosteen	55%
Oat seed	40%
Sesame	45%
Papaya	70%
Andiroba	50%

Nut oils

Peanut	45%
Pecan	52%
Pistachio	53%
Cashew nut	62%
Brazil nut	45%
Macadamia	60%

Dry feeling oils

Camellia	80%
Hazelnut	80%
Rice bran	35%

Neutral base oils

Almond	65%
Apricot kernel	65%
Quince seed	39%
Macadamia	60%
Marula	75%
Moringa	73%
Olive	75%
Plum kernel	70%
Shea oil	70%
Peach kernel	60%
Souchet	70%
Hi-Oleic Safflower	75%
Hi-Oleic Sunflower	72%
Yangu, Cape Chestnut	45%
Sandalwood seed	52%